

JFC ADULT SOCCER LEAGUE

JFC's adult league plays on Tuesday evenings at 7:30 on lighted fields at the JFC complex. The spring season runs from February into April; the summer season from May into July; and the fall season from August into October.

Matches are usually played on an 8 v 8-sized field (approximately 80 yards by 50 yards) with a center referee. The number of players on the field is typically 9 v 9, including goal keepers. Matches are occasionally scheduled to be played 11 v 11 on a full-sized field.

Teams are formed each week by random draw from the registered players on hand that week. (Some adjustments may be made to try to ensure competitive balance.) In this way, individual players and teams are not penalized if any player cannot be there to play any given week. Bibs are provided to designate team colors for the match.

Teams are comprised of men and women with varying skill levels. Players must be U16 or older.

Normal soccer rules apply, with the following exceptions:

- There is no offside rule;
- Slide-tackling is not permitted;
- Kick-ins are used rather than throw-ins;
- All free kicks are indirect except for penalty kicks; and
- Goal keepers may not punt or drop-kick the ball.